

# Yoga @ the Library



**Every  
Wednesday  
Evening  
5:45pm**

(Varying programs focusing on strength,  
flexibility, energy and relaxation)

**Space is Limited. Waiver Required.**

**You must contact the Library to Pre-register.**

**Warren Sewell Library, Bremen**

**770-537-3937 / [www.bremenga.gov/library](http://www.bremenga.gov/library)**